

Fasidah Alimuddin



🌸 Pendidik di pegunungan Papua sejak 2008

🌸 Awardee afirmasi LPDP 2017, PK 126

🌸 Kuliah Master di University of Oulu Learning, Education and Technology 2019-2021

Learning science



Psychology

Sociology

Cognitive Science

Design Studies

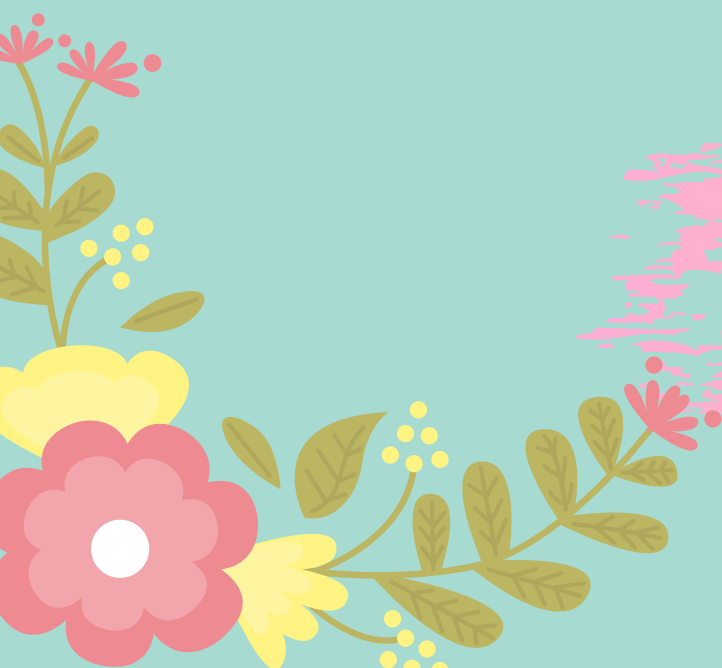
Computer Science

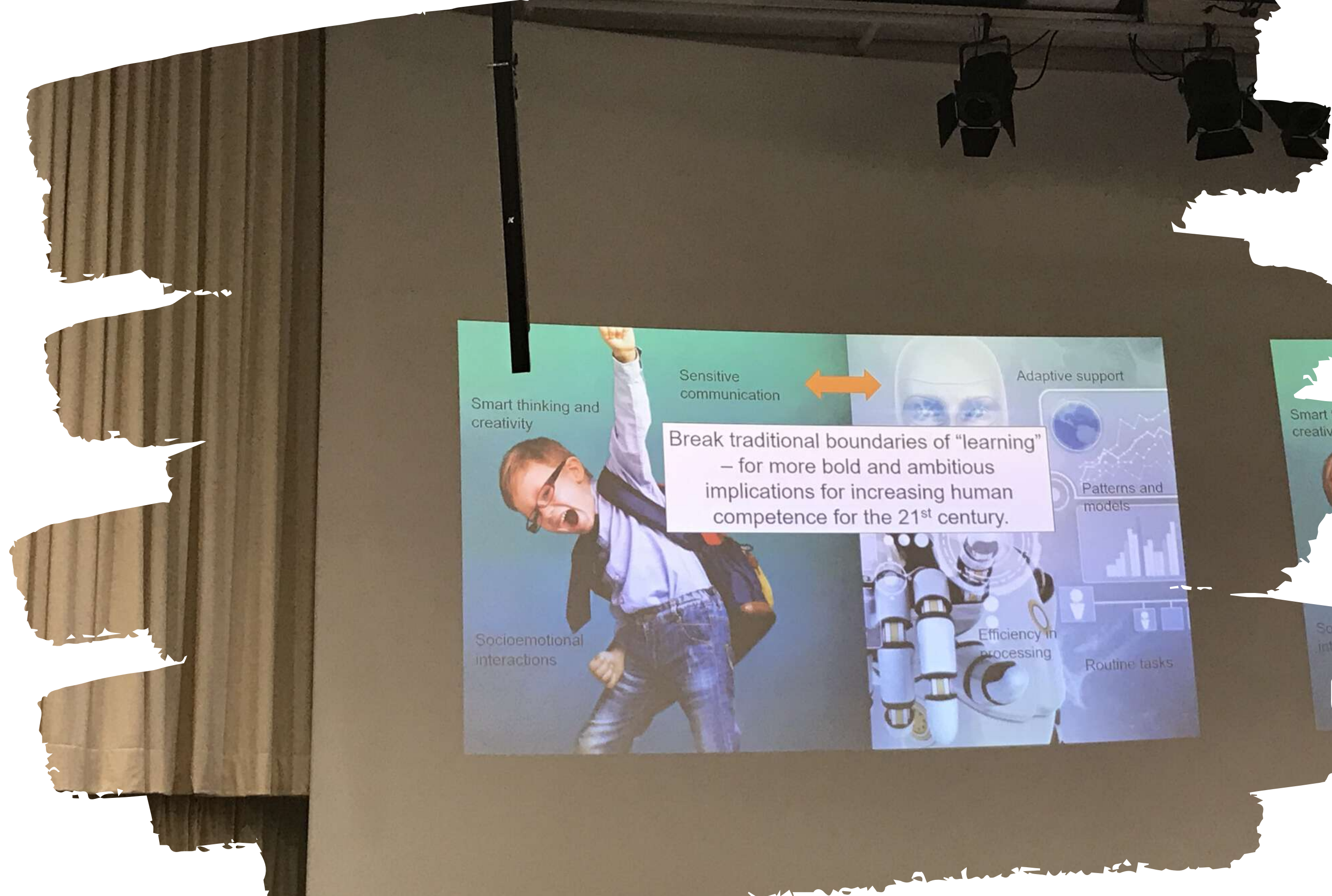
Mathematics

Social Work

Medical Education

Learning how people learn

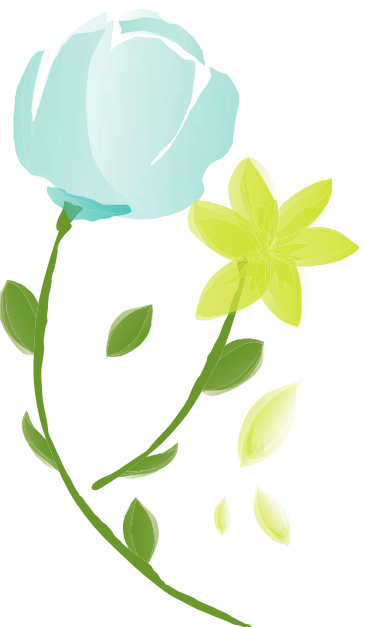




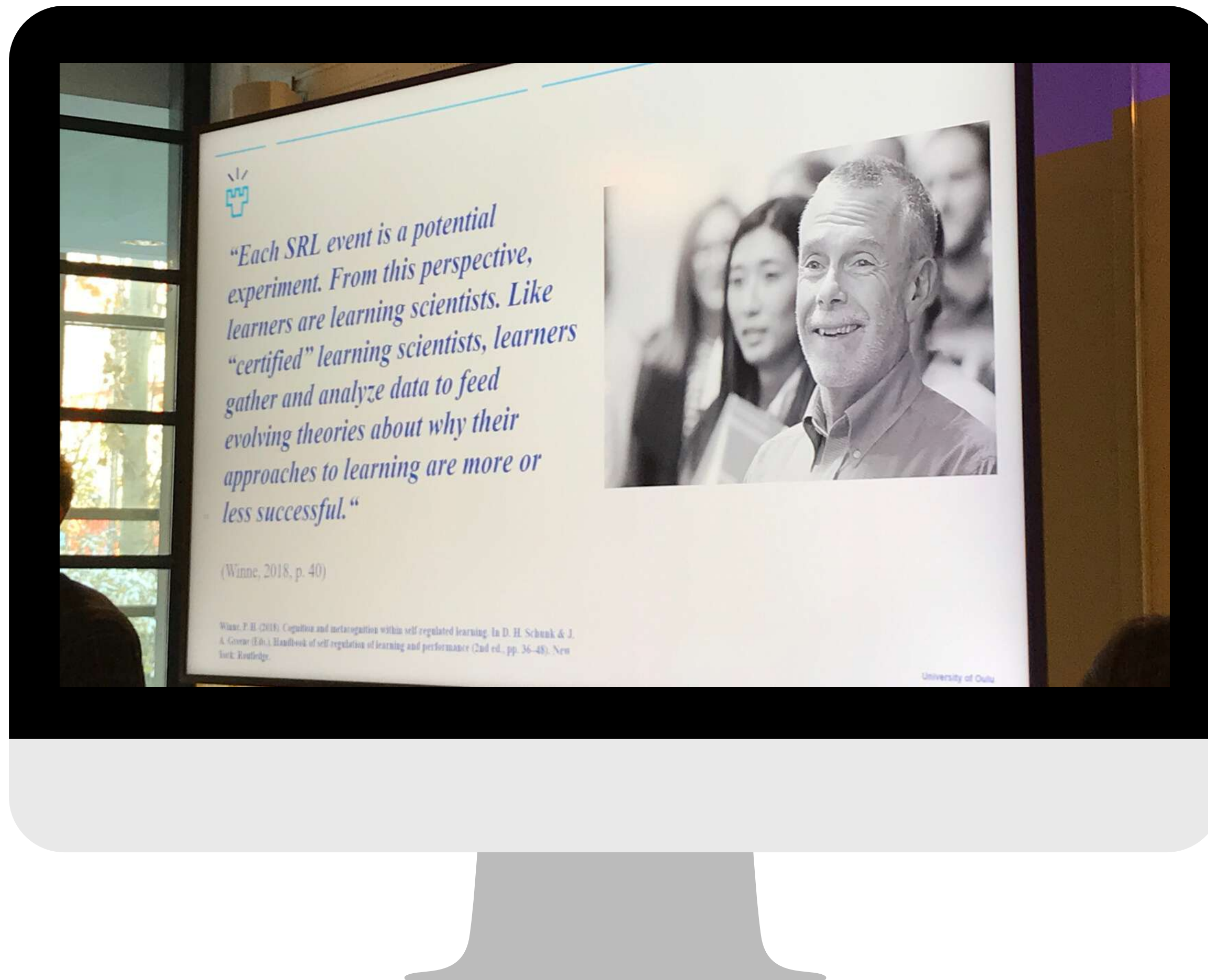
Technology- enhanced learning



Collaborative
learning



SELF-REGULATED LEARNING



Mengapa kita harus mempelajari tentang ilmu belajar?

Mengapa kita harus memiliki skill untuk belajar?

Teacher-based learning

More testing and examination

Long hours at school

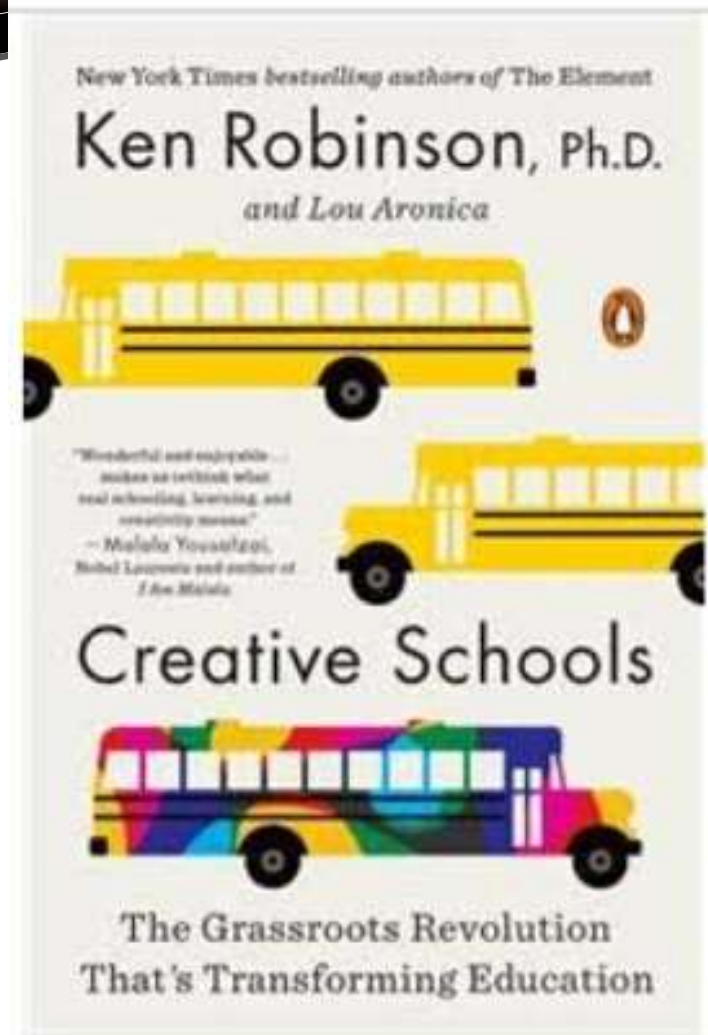
More competition (rank and grades)



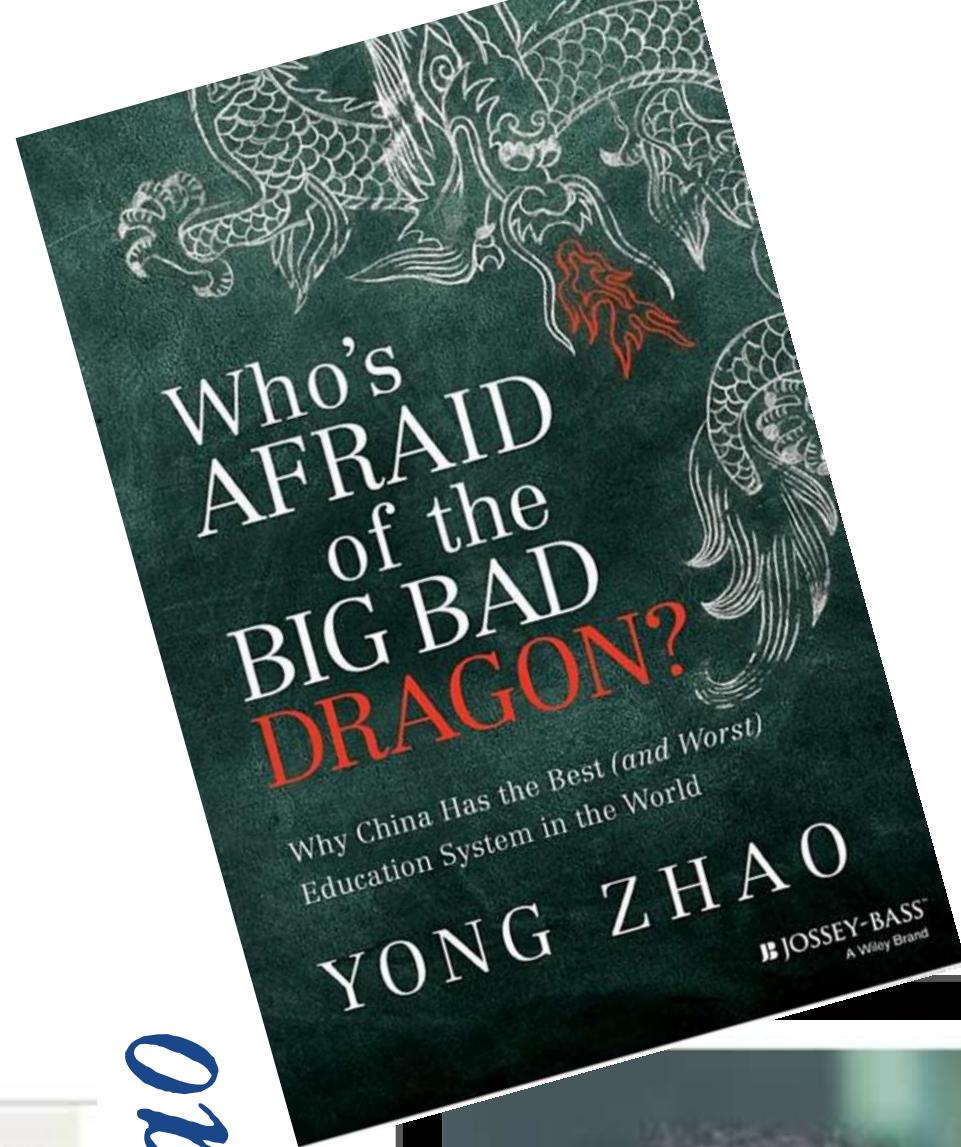
School

Boring and exhausting

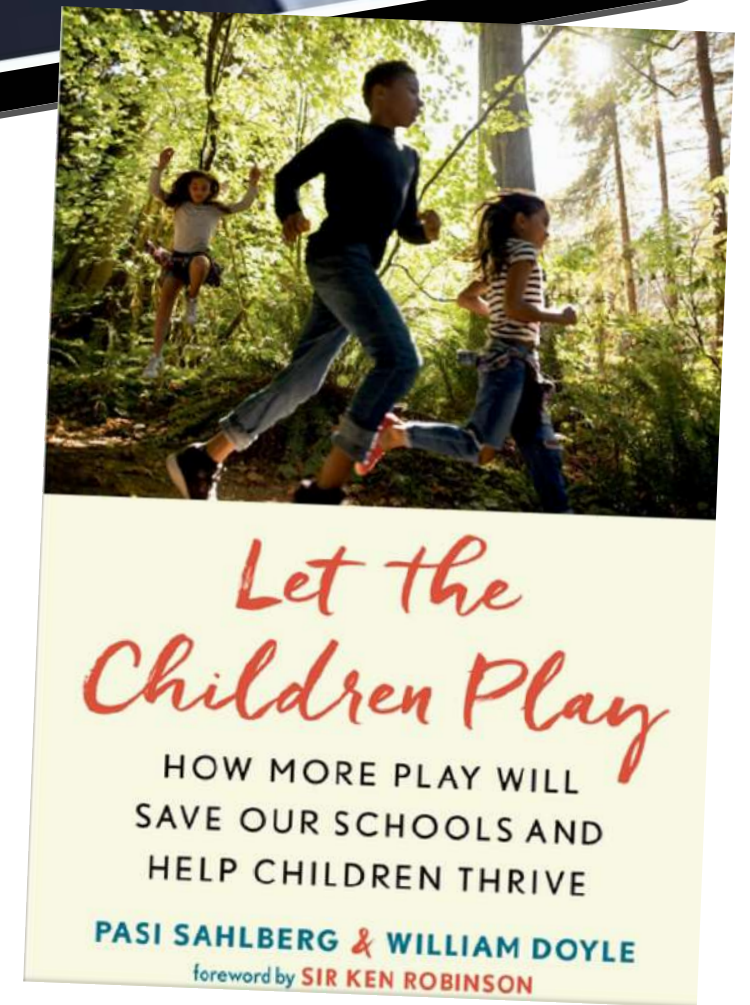
Ken Robinson



Yong Zhao



Pasi Sahlberg



Intentional

Safe

Agency

Joyful

LEARNING

Active

Creativity

self-expression





Self-regulated learner

Highly motivated

Lifelong learner

Sukses itu dibangun dari kebiasaan sederhana dalam keseharian

Mulai dengan membaca dua baris bacaan

Mulai dengan menulis dua baris tulisan

Mulai dengan mengalokasikan waktu 15 menit perharinya untuk belajar sesuatu

Bahkan

Mulai dengan melangkah ke perpustakaan adalah latihan untuk menciptakan kebiasaan baik

Self-regulated learner = skill in learning
1% better in a day by James Clear

The nature of motivation



Tiny habit change your life!

Mulai berlatih dengan hal yang sederhana.

Mengalihkan kebiasaan yang tidak bermanfaat kepada kegiatan yang produktif

Butuh latihan terus menerus

Who am I?



Clarity



Motivation

Self- belief

Intrinsic motivation

Body alarm

Emotions

Learning strategies

Goals and Dreams

Are you still on track?

Schedule

Social media

Friends


Library

Digital
footprint



Reflections help!

Fill the dot with your reflections
What works and what doesn't
then, reframe to get unstuck.



Saya di masa depan

Saya saat ini

Dynamic Plan
Setting, monitoring, reflecting,
adjusting, and improving



Jedha_proudmom



Fasidah Alimuddin



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Thank
you

